

CUSD Community Resource List
Quick Sheet

<u>Counseling & Resource Centers</u>		<u>Drug & Alcohol Abuse</u>	
211 Orange County	211	Alanon/Alateen	(714) 748-113
BBK Results Oriented Therapy	(714) 543-0483	Aliso Viejo Alcohol & Drug Abuse Services	(949) 643-6930
California Youth Services	(949) 303-9016	BBK Results Oriented Therapy	(714) 543-0483
CARE Counseling Center	(714) 836-9900	Breakaway Health Corportation	(800) 559-9503
Casa de la Familia	(714) 667-5220	The Bridge	(949) 716-4653
Catholic Charities of Orange County, Inc.	(714) 347-9674	California Youth Services	(949) 303-9016
CHEC Family Resource Center	(949) 489-7742	CARE Counseling Center	(714) 836-9900
Child Guidance Center	(714) 953-4455	Chapman Medical Center	714-633-0011 ext.1303
The Chicago School's Irvine Counseling Center	(949) 769-7747	Comm. Resource Center of San Clemente	(949) 303-0353
The Comm. Resource Center of San Clemente	(949) 303-0353	DECISIONS	(949) 303-9016
CUSD Family Resource Center	(949) 234-5597	Family Assessment Counseling & Ed. Services	(714) 447-9024
Family Assess. Counseling & Ed. Services	(714) 447-9024	Hoag Memorial Hospital	(877) 563-8688
Families Forward	(949) 552-2727	Hope By The Sea	(949) 218-2690
Laguna Behavioral	(949) 367- 1200	JADE (Juvenile Alcohol & Drug Education)	(949) 303-9016
Mariposa Women & Family Center	(949) 429-6888	Laguna Behavioral	(949) 367- 1200
OC Links	(855) OC-LINKS	Mariposa Women & Family Center	(714) 597-6494
Pepperdine Resource, Youth, Diversion, & Ed.	(949) 425-1911	Morningside Recovery, LLC	(866) 942-0095
Pepperdine Univ. Community Counseling Center	(949) 233-2570	New Life Treatment Centers	(949) 910-3585
Pilgrimage Family Therapy Center	(949) 460-5320	Newport Academy	(866) 283-8214
South Orange County Family Resource Center	(949) 364-0500	Pacific Hills Treatment Center	(888) 758-9677
Turning Point for Families	(714) 547-811	Phoenix House	(714) 953-9373
Western Family Services	(949) 900-3242	Phoenix House- Spanish	(818) 686-3070
Western Youth Services	(949) 595- 8610	Safe Rides for Teens	1 (800) 273-RIDE
<u>Cancer Support Services</u>		Salvation Army California - Adult Recovery	(714) 758-0414
Kids Konected	(949) 582-5443	Sober Living By The Sea	(866) 697-7230
Walk with Sally	(310) 378-5843	Sunburst Academy	(877) 463-1921
<u>Domestic & Dating Violence</u>		Teen Challenge Southern CA - OC	(714) 835-8822
Colette's Children's Home	(714) 596-1380	Timothy House	(714) 913-4741
Human Options - 24 hour hotline	(877) 854-3594	Touchstones	(877) 507-6242
Kathy's House	(949) 248-8300	Turning Point for Families	(714) 547-811
Laura's House	(866) 498-1511	Twin Town Treatment Centers	(866) 594-8844
Mariposa Women & Family Center	(714) 597-6494	US NO Drugs	1(888) 852-5869
OC Domestic Violence Hotline	(714) 992-1931	Yellowstone Recovery	(888) 904-3520
Temporary Restraining Order Info.	(714) 935-7956	Western Youth Services	(949) 595- 8610
South Orange County FRC Human Options	(949) 757-3635	<u>Eating Disorders</u>	
Women's Transistional Living Center	(714) 992-1931	National Assoc. of Anorexia Nervosa - Helpline	(630) 577-1330
<p>COMMUNITY RESOURCES: The referrals listed are not sponsored, endorsed, supported or specifically recommended by the Capistrano Unified School District or any of its employees. The referrals are provided as a community service based on information gathered from the providers or other sources. The District has not done any independent investigation or evaluation of any resource and does not take any responsibility for the quality or competency of the services provided.</p>		Eating Disorder Foundation of Orange County	(949) 285-9827
		Orange County Health & Psychology Associates	(888) 700-0805
		Shoreline Center for Eating Disorder Treatment OC	(562) 434.6007
		St. Joseph's Hospital - Behavioral Health Services	(714) 771-8134
		Rebecca's House	(866) 554-1851

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<u>Families in Transition</u>		<u>Pregnancy & Family Planning</u>	
CalFresh Program	(877) 847-3663	Adolescent Family Life Program (AFLP)	(714) 567-6229
Casa Youth Shelter	(800) 914-2272	Bridges for Newborns: Hospital Assoc. of So. Cal	(714) 750-0788
CalWORKs	(714) 575-2400	Cal-Learn Program: OC Social Services Agency	(916) 657-2128
Colette's Children's Home	(714) 596-1380	Cal-Optima	(714) 246-8500
CSP Youth Shelter	(949) 494-4311	Cal - SAFE Program, CA Dept. of Education	(916) 319-0914
Family Assistance Ministries	(949) 492-8477	Casa Teresa	(714) 538-4860
Families Forward	949-552-2727	Children's Bureau	(949) 364-0500
Illumination Foundation	(949) 273-0555	CHOC Community Education Classes	(949) 364-1400
Human Options (24 hour hotline)	(877) 854-3594	Crittenton Services for Children and Families	(714) 680-9000
iHope	(949) 218-1680	Fristers	(949) 387-7889
Kathy's House	(949) 248-8300	Laguna Beach Community Clinic	(949) 494-0761
Laura's House	(866) 498-1511	Mary's Shelter	(714) 730-0930
Orange County Rescue Mission	(714) 247-4300	MOMS O.C (Maternal Outreach Management)	(714) 972-2610
Salvation Army (various locations)	(213) 438-1600	Nurse-Family Partnership	(714) 834-8218
Serving People in Need (SPIN)	(714) 751-1101	Obria Medical Clinics	(949) 238-1122
Women Helping Women	(949) 631-1287	Planned Parenthood - M.V.	(714) 922-4100
Women's Transitional Living Center	(714) 992-1931	Project Connections, FaCT	(714) 704-8777
<u>Food Banks</u>		Saddleback Memorial Medical Center	(949) 837-4500
Dana Point Senior Center	(949) 496-4252	Sidelines National Support Network	(888) 447-4754
Children of the Americas	(949) 726-2423	Teen Clinic at Laguna Beach Comm. Clinic	(949) 494-0761
Christian Outreach Center	(949) 855-0233	<u>Health Centers</u>	
Coast Hills Community Church	(949) 683-4709	AltaMed Comm. Care Dental Center	(888) 499-9303
Crossline Community Church	(949) 916-0250	Camino Health Center	(949) 240-2272
Families Forward	(949) 552-2727	Healthy Smiles for Kids of Orange County	(714) 638-7637
Holy Mother Mission	(949) 326-3025	Hurtt Family Health Clinic	(714) 247-0300
Laguna Relief & Resource Center	(949) 497-7121	Laguna Beach Community Clinic	(949) 494-0761, 100
Ocean Hills Community Church	(949) 769-8201	Lestonnac Free Clinic - Tustin	(714) 633-4600
Saddleback Food Pantry	(949) 380-8144	Nhan Hoa Comprehensive Health Center	(714) 898-8888
San Francisco Solano Catholic Church	(949) 589-7767 ext 2123	Share Our Selves - Free Medical/Dental Clinic	(949) 270-2100
Second Harvest Orange County	(949) 855-0233	Birth Choice - Mobile Unit	(714) 267-2111
Serve the People	(714) 352-2905	Camino Diabetes Van	(949) 240-2272
Serra's Pantry	(949) 234-1302	Camino Health Center - Mobile Medical Unit	(949) 240-2272
South County Outreach	(949) 380-8144	CHOC Breathmobile	(714) 509-7571
South Orange County Outreach	(949) 380-8144	HURTT Family Mobile Clinic	(714) 247-0300
St. Killian's Catholic Church	(949) 586-4440	Puente a la Salud Mobile Clinics	(714) 744-8801
St. Michael's Church	(949) 366-9480	St. Jude Mobile Family Health Clinics (I)	(714) 446-5100
St. Vincent de Paul	(949) 494-9701	UCI Family Health Center Mobile Van	(714) 480-2443
Vineyard Community Church	(949) 425-3787	The Coalition of O.C. Comm. Health Centers	(949) 486-0458

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<u>Suicide Prevention</u>		<u>Parenting Classes & Resources</u>	
Centralized Assessment Team	1-866-830-6011	CHEC Family Resource Center	(949) 489-7742
Children and Youth Services - Costa Mesa	(714) 850-8408	Child Guidance Center	(714) 953-4455
Children and Youth Services - Laguna Beach	(949) 499-5326	The Community Resource Center of San Clemente	(949) 303-0353
Evaluation and Treatment Services (ETS)	(714) 834-6900	Crittenton Services for Children and Families	(714) 680-9000
In Home Crisis Team - Child Abuse Prevention Center	(714) 225-4100	CUSD Family Resource Center	(949) 234-5597
Mission Hospital - Mission Viejo	(949) 364-1400	Mariposa Women & Family Center	(949) 429-6888
Mission Hospital - Laguna Beach	(949) 499-1311	The Parent Project, Michael Woodroof	(949) 283-0039
NAMI Warmline	877-910-9276	The Parent Project, OCSD	(949) 361-8366
National Suicide Prevention Hotline	1 (800) 273-8255	The Raise Foundation: Irvine	(949) 757-3635
SMART Team	(949) 770-6011	Turning Point for Families	(714) 547-811
Suicide Prevention Crisis Line	1-877-727-4747	<u>LGBTQ Support</u>	
<u>Grief & Loss</u>		The Center OC	714-953-5428 X 206
Arts & Creativity for Healing, Inc.	(949) 367-1902	Rainbow Youth Group	714-953-5428 X 206
Camp Erin - Orange County	(714) 884-8714	Youth Empowered to Act (YETA)	714-953-5428 X 206
Comfort Zone Camp	(310) 781-1032	OC Accept	(714) 517-6100
The Compassionate Friends - Irvine Chapter	(714) 504-7042	PFLAG - South Orange County	(949) 677-7840
The Compassionate Friends - Spanish	(949) 228-6402	Trans*Fusion	714-953-5428 X 206
Gary's Place for Kids	(949) 348-0548	<u>Military Support</u>	
Camp Good Grief - Loma Linda Universtiy	(909) 558-4073	Military One Source	800-342-9647
Kids Konnected	(949) 582-5443	FOCUS	(760) 859-6079
New Hope Grief Support	(562) 429-0075	<u>Foster Youth</u>	
Loved Ones Healing Center (LOVS)	(310) 337-7006	Rising Tide Communities	(714) 619-0239
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		Orangewood Youth Center	(714) 619-0257
		Orangewood Peer Mentor Program	(714) 619-0222
		United Friends of Children	(213) 580-1850
<u>Hotlines</u>			
California Youth Crisis Line	1 (800) 843-5200	Parents Anonymous	(909) 621-6184
CASA Youth Shelter	1 (800) 914-2272	SAFE Alternatives	(800) DONT-CUT
Child Abuse Registry	(714) 940-1000	Trevor Project	1 (866) 488-7386
Crisis Text Services for Deaf & Hard of Hearing	839863	211 Orange County	211
Hotline Help Center	(714) 693-4673	Teen Line Text Line	Text TEEN to 839-8663
National Center for Missing & Exploited Children	1 (800) 843-5678	Teen Line	(800) 852-8336 OR (310)855-4673
National Runaway Safeline	1 (800) 786-2929	Trevor Project Text Line	1 (202) 304-1200
National Suicide Prevention Hotline	1 (800) 273-8255	OC Links	(855) OC-LINKS [625-4657]
OC Domestic Violence Hotline	(714) 992-1931	NAMI Warmline	(877) 910-WARM [9276]
OC Suicide Prevention Crisis Hotline	(877) 727-4747	Reach Out Text Line	Text REACHOUT to 877-877